Guided Hike to the Summit of Cobble Hill

For folks who feel a little adventurous, we will be offering a guided hike to the top of Cobble Hill. From the Crowne Plaza looking out over Mirror Lake, Cobble Hill is the one across the lake with a bald spot on its face. The lakeplacid.com website says the summit “offers excellent views out over the Village of Lake Placid as well as High Peaks Region.”

From the trailhead, the hike is about 1.6 miles to the summit, 3.2 miles round trip. There are two trails to the summit, the “Short Trail” and the “Long Trail.” We will be hiking the Long Trail which is not as steep and rough as the Short Trail. It should take about an hour to reach the summit.

**Date/Time:** Monday, June 15, 1pm. We will meet at the Conference Center at 1pm and walk to the trailhead.

**Attire:** Flexible clothing is recommended, especially flexible pants to allow for high knee movement. Sneakers should be fine, however if it is rainy or has been rainy, boots are recommended as the trails could be muddy.

**Food/drink:** Please bring some type of beverage, especially if the weather is warm. Some light snacks are also recommended - pretzels, granola bars, bananas, etc.

**Additional information:** [www.lakeplacid.com/do/hiking/cobble-hill](http://www.lakeplacid.com/do/hiking/cobble-hill)
Self-Guided Hike at Henry’s Wood

For folks who would like to take a walk in the woods without a lot of climbing there’s a beautiful place about 3 miles from the Crowne Plaza. Henry’s Woods is a 212 acre preserve with several miles of trails. You can choose to go up the Rocky Knob or Switchback trails for nice views or you can stay on the Loop trail and simply enjoy the woods. The trails are very well maintained with benches made from fallen trees sprinkled throughout the preserve. The trail to Rocky Knob involves walking on boulders which can be slippery if it’s been raining. A good pair of sneakers is all you need for a good walk. This would also be an excellent place for trail running.

Directions to Henry's Woods Trailhead: From the intersection of Routes 73 and 86 in Lake Placid, follow Route 73 toward Keene. Continue 0.2 miles to Station Street on the right. This road is the first right after you cross the Chubb River. Follow this road for 0.75 miles to Old Military Road. Take a left on Old Military Road and follow for 0.9 miles to Bear Cub Lane on the right. Trailhead parking is on the right, about 1/8 of the mile down.

More information and a trail map: www.lakeplacid.com/do/hiking/henrys-woods

View of Lake Placid from Rocky Knob